



FOOTBALL MUMS COMMUNITY TOURNAMENT

A grassroots sports initiative advancing women's empowerment, inclusion, and community engagement in Kibera

Organized by: Path to Russia & Kibera Girls

Soccer Academy

Date: 29th March 2026

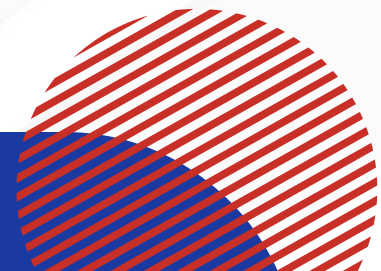
Venue: DC Grounds, Kibera Slum, Nairobi



Why This Tournament Mattered

Using sport as a platform for empowerment, visibility, and social inclusion

- The Football Mums tournament was organized to create a meaningful platform for young women and girls from informal settlements to participate, compete, and be recognized.
- The initiative placed special emphasis on inclusion, notably through the participation of young mothers, whose involvement strengthened the event's community-centered character.
- Through this collaboration, Path to Russia and Kibera Girls Soccer Academy used grassroots sport to promote confidence, dignity, and opportunity.



Core Objectives

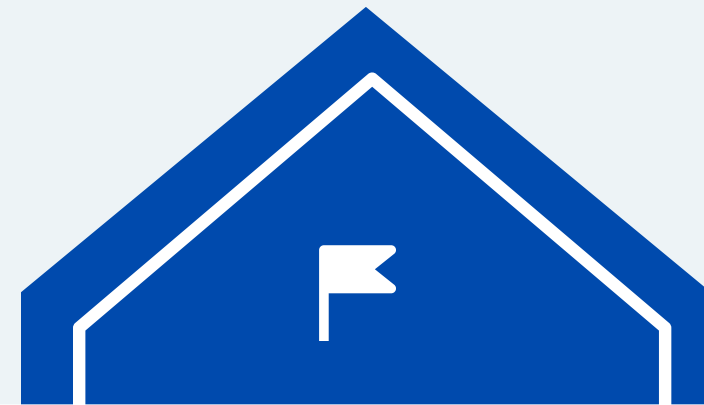
A focused initiative designed to deliver both personal and community-level value

- Empower girls and young mothers through sport
- Promote teamwork, discipline, and healthy lifestyles
- Create exposure and opportunity for underprivileged women
- Strengthen community engagement and social cohesion



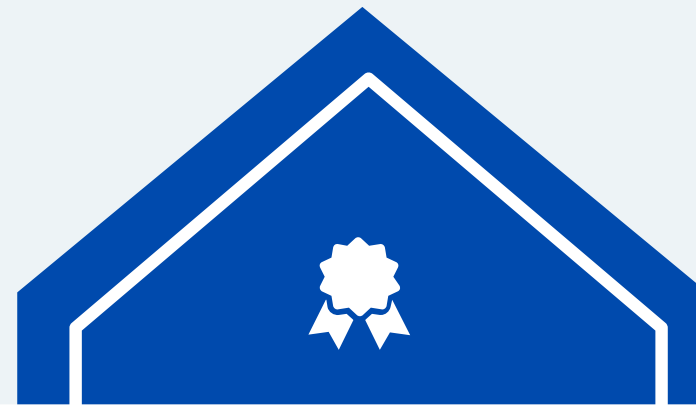
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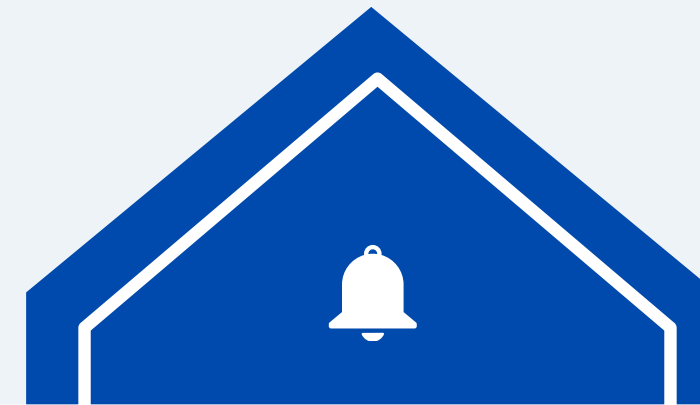
01

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through sport**



02

**Promote
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03

**Create exposure
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04

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Participation Overview



Who Took Part

Strong community participation reflected broad local engagement and interest

- 56 women participants took part in the tournament
- Participants were aged between 18 and 30 years
- Five teams competed:
 - Kibera Girls Soccer Academy
 - Young Mothers
 - Beauty in Black Players
 - Lucky Stars
 - Kibera Stars

56 Participants | 5 Teams | Ages 18–30

Competition, Energy, and Talent on Display

The tournament created a visible and encouraging space for performance and community pride

- The matches were highly competitive and demonstrated talent, determination, and teamwork across all participating teams.
- The final was contested between ***Young Mothers and Lucky Stars***.
- Young Mothers emerged as the tournament winners.
- The event showcased the importance of community sport as a channel for confidence-building and talent development.



Our Day, in Photos



Our Day, in Photos





Public Support and External Visibility

The event drew attention from leaders, stakeholders, and media platforms

The tournament was attended by distinguished guests, including:

- Dr. Ann Phoebe, Director, Kenya National Chamber of Commerce
- Chief Asiya, local area chief
- Other community leaders and stakeholders

The event received media coverage from **KBC station** and other outlets.

This visibility helped amplify the value of grassroots sports initiatives and brought wider attention to the voices and potential of young women in the community.

Outcomes and Community Impact

A local tournament with measurable participation and meaningful social value

- 56 young women and mothers were directly engaged through active participation
- The event increased awareness of the importance of women's involvement in sports
- It strengthened community ties and encouraged positive social interaction
- It provided a platform for talent identification and development
- It demonstrated the effectiveness of collaboration between Path to Russia and Kibera Girls Soccer Academy



Next Steps for Sustained Impact

Building on momentum through continuity, partnerships, and wider reach

- Organize similar tournaments regularly to sustain impact
- Increase the number of participating teams in future editions
- Strengthen partnerships and sponsorship support to expand the initiative
- Introduce continuous training and mentorship opportunities for participants



The Football Mums tournament was a successful demonstration of how grassroots sport can advance empowerment, inclusion, and community development when delivered through strong local collaboration.



Thank you for your continued interest in community-centered initiatives that create real opportunity for women and youth.



Media Links

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Get In Touch

We'd love to hear from you! Whether you have questions, want to partner, or learn more about our initiatives, reach out.

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